

Dr. K.S. Ravindranath
MBBS, MD, DM, DNB (Cardiology), FRCP, FACC, FICC
Professor of Cardiology &
Director



ಶ್ರೀ ಜಯದೇವ ಹೃದ್ರೋಗ ವಿಜ್ಞಾನ ಮತ್ತು ಸಂಶೋಧನಾ ಸಂಸ್ಥೆ

**Sri Jayadeva Institute of Cardiovascular
Sciences and Research**

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PRESS RELEASE

Jayadeva Institute successfully conducts 170 free Angioplasties in joint collaboration with Dr. Govindaraju Subramani Heart Foundation and Medtronic Vascular Division, Santarosa, USA

- 200 Stents given free of cost to all patients.
- Most patients are poor Farmers, Daily wage Labourers, Footpath Vendors, Autorickshaw Drivers, Garment workers and helpless Senior Citizens from Karnataka, Assam, West Bengal, Andhra Pradesh, Telangana, Tamil Nadu, Bihar.

Sri Jayadeva Institute of Cardiovascular Sciences and Research, Bangalore and Mysore Branch Government run Autonomous Institute at Bengaluru and Mysuru has conducted the Angioplasty & Stenting Procedure for 170 poor patients from 24th to 28th September 2024. As most of the patients require more than one stent, nearly 200 Stents were given free of cost to all these patients.

According to Dr. K S Ravindranath, performing 170 Angioplasties in just 5 days is technically demanding, it was possible because the Institute has got 17 Cathlabs, 125 full time Cardiologists and excellent technical and nursing staff.

Dr. Govindaraju Subramani Heart Foundation and Medtronic Vascular Division, Santarosa, USA has donated Stents & Balloons. Most of patients are poor agriculturists, daily wage labourers, Auto-rickshaw Drivers, Foot path vendors, Garment workers and financially constrained Senior Citizens.

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Dr. K S Ravindranath said Heart attack related diseases is steadily increasing even among poor people, rural areas and is occurring at younger ages. **The youngest patient in the workshop was 32 year old Male (Private Service) and the eldest patient is 77 Years old Male (Daily wages worker). Out of 170 patients – 73% are Male and others are female. 24% of them were below 50 years. The main risk factors among this workshop patients are Diabetes – 60%, Hypertension – 54%, Smokers – 33% and 35% with high cholesterol level.**

“Heart attack related disease is no more a disease of elite class and elderly population, it is also affecting the younger age group, women and poor people. Patients expressed their gratitude to Dr. Subramani, Medtronic USA and Jayadeva Institute for this noble work.

Pre discharge counseling session was also arranged for these patients, Dr. K. S. Ravindranath, Director advised them not to stop blood thinning medicines. Optimal control of Hypertension, Diabetes along with low fat diet, with more of vegetables and daily walking was advised.

This Workshop was conducted to commemorate the event of World Heart Day.


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